



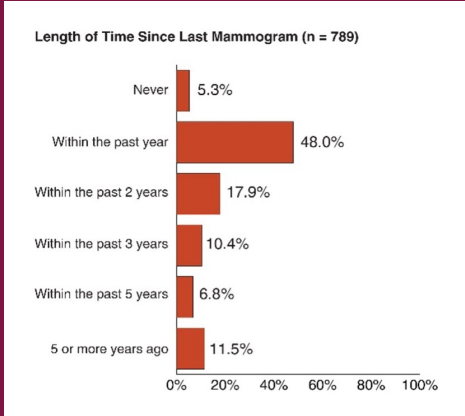
News from the Coalition

October is Breast Cancer Awareness Month, and October 17 is the 10th annual Indigenous Pink Day, highlighting the importance of breast cancer screening.

Results of the [Native Urban Elder Needs Assessment Survey](#) indicate that a significant proportion of female Native urban Elders do not have mammograms every other year, which is the schedule recommended by the [U.S. Preventive Services Task Force](#).

A total of 789 women answered the survey's question about the length of time since their last mammogram. Of those women, 11.5% said at least 5 years had gone by, and 5.3% said they had never had a mammogram.

Thank you for your continued advocacy to improve these numbers and make sure Native urban Elders get timely screenings for breast cancer. The more people get screened, the more frequently breast cancer can be caught early enough to help save lives.



Resources

Medicare Open Enrollment
Share resources from the National Council on Aging to help Elders prepare for Medicare open enrollment, which starts October 15.
[Access the resources >](#)

Indigenous Pink Campaign Toolkit
Check out the American Indian Cancer Foundation's Indigenous Pink campaign toolkit to promote conversations about breast health.
[Get the toolkit >](#)

Get Out the Native Vote Campaign
As Election Day approaches, take action to help Native urban Elders in your community exercise their right to vote.
[Learn more >](#)

Upcoming Events

Dementia Friends Sessions
Join a 90-minute, interactive session October 8 or October 22 at 2 p.m. Eastern about how you can support people with dementia.
[Register for Dementia Friends >](#)

Webinar on Urinary Incontinence
Attend a webinar October 23 at 1 p.m. Eastern to better understand how to help Elders manage urinary incontinence.
[Register for the Oct. 23 webinar >](#)

LeadingAge Annual Meeting + EXPO
Attend the LeadingAge event in Nashville, Tennessee, October 27-30 to learn about topics like health equity.
[Register for the LeadingAge event >](#)

The Coalition on Urban Indian Aging was created to promote the Native Urban Elder Needs Assessment Survey (NUENAS 1.0).
[Visit the Coalition on Urban Indian Aging website](#)

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