



## Update from the Coalition

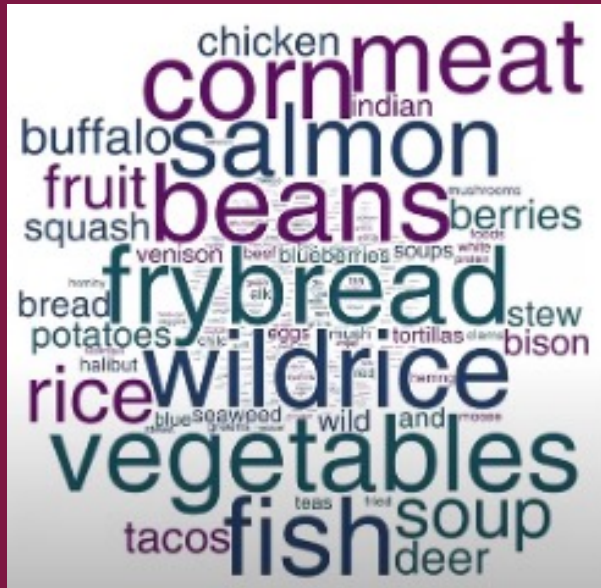
In case you missed it, the Coalition is pleased to highlight recent coverage of results from the Native Urban Elder Needs Assessment Survey (NUENAS 1.0).

Last month, [Buffalo's Fire](#) posted a brief video in which Dr. Collette Adamsen from the National Resource Center on Native American Aging:

- Discusses survey data regarding nutrition, food security, and dental care
- Advocates for more resources for urban Native Elders

And in January, [the recording of a webinar](#) that includes a presentation by Dr. Adamsen was posted online. During that webinar, she shows nutrition-related data from NUENAS 1.0 to help underscore the need for Title VI nutrition programs.

We appreciate everyone's efforts to make sure data from NUENAS 1.0 are shared as widely as possible. Together, we will realize our goal of using that data to positively impact programs for Native urban Elders.



Nearly one third of NUENAS 1.0 respondents said they regularly consume traditional foods. When asked what types of traditional foods they ate, many mentioned wild rice, fry bread, beans, fish, corn, salmon, and meat—as seen in the word cloud above.

### Resources

#### Traditional Food Practices

In observance of National Nutrition Month, read about a program in which Elders served as mentors on the topic of traditional foods.

[Read the article >](#)

#### "Slam the Scam" Campaign

Share resources from the "Slam the Scam" campaign to help Elders protect themselves from government imposters.

[Access the campaign >](#)

#### Guidance for Grandfamilies

Find tips for relatives and close family friends wanting to provide care for a Native child who has been removed from their home.

[Get the tip sheet >](#)

### Upcoming Events

#### Webinar on Aging in Place

Plan to attend an American Society on Aging webinar April 3, at 1 p.m. Eastern, on helping Elders age in place safely and confidently.

[Register for the April 3 webinar >](#)

#### Webinar on Brain Health

Join a webinar April 14, at 1 p.m. Eastern, on steps Elders can take to promote brain health and help prevent cognitive decline.

[Register for the April 14 webinar >](#)

#### NCUIH Annual Conference

Plan to attend the National Council of Urban Indian Health (NCUIH) Annual Conference April 29–May 2 in Washington, DC.

[Register for the conference >](#)

The Coalition on Urban Indian Aging was created to promote the Native Urban Elder Needs Assessment Survey (NUENAS 1.0).

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