



Update on NUENAS

Last month, the Coalition on Urban Indian Aging held its biannual meeting in Washington, D.C.

During that meeting, Coalition members discussed results of the Native Urban Elder Needs Assessment Survey (NUENAS 1.0). Attendees also reviewed the communication plan for NUENAS 1.0, with a focus on outreach efforts, storytelling, and data analysis.

Additionally, attendees participated in breakout sessions to delve into key survey findings regarding access to health care, nutrition, and other areas where many Native urban Elders face challenges.

Recognizing the need to step up advocacy on behalf of Native urban Elders, Coalition members agreed to convene the following three subgroups:

- Policy
- Results Dissemination
- Survey Funding

Each subgroup will meet monthly to push for policy changes at the state and federal levels, share compelling stories to highlight survey results, and identify potential funders for the next phase of NUENAS.

Interested in joining a subgroup? Please [complete the sign-up form](#) online by July 15.



Resources

Funding Opportunity Due July 16

Apply for one of six cooperative agreements to improve care and services for Native people with dementia and their caregivers.

[View the announcement >](#)

Cultural Food Guide

Read a new cultural food guide for ideas on how to learn more about your local community's dietary needs.

[Get the guide >](#)

Tips to Help Elders Drive Safely

Share tips for addressing age-related changes (PDF, 591 KB, 1 p) that may affect one's ability to drive safely.

[Access the tips >](#)

Upcoming Events

Webinar on Care Transitions

Join a webinar July 10, at 1 p.m. Eastern, on strategies for securing support to help Elders avoid readmission to the hospital.

[Register for the July 10 webinar >](#)

Webinar on Food and Brain Health

Attend a webinar July 11, at 1 p.m. Eastern, on the role of nutrition in efforts to build cognitive resilience.

[Register for the July 11 webinar >](#)

Webinar on Fall Prevention

Watch a webinar July 17, at 1 p.m. Eastern, on how to help Elders reduce their risk for falls at home.

[Register for the July 17 webinar >](#)

The Coalition on Urban Indian Aging was created to promote the Native Urban Elder Needs Assessment Survey (NUENAS 1.0).

[Visit the Coalition on Urban Indian Aging website](#)

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