



Update from NUENAS

Plans are already underway for this fall's biannual meeting of the Coalition on Urban Indian Aging.

The in-person meeting will be held in October in Washington, DC. We will share more details as they become available.

Also, you still have time to [join one of the three subgroups](#) being convened virtually to help step up advocacy on behalf of Native urban Elders.

As mentioned in last month's eblast, each of the following subgroups will meet monthly.

- The *Policy Subgroup* will push for policy changes at the state and federal levels.
- The *Results Dissemination Subgroup* will share compelling stories to highlight survey results.
- The *Survey Funding Subgroup* will identify potential funders for the next phase of the Native Urban Elder Needs Assessment Survey.

Interested in joining a subgroup? [Complete the sign-up form](#) online today!



Resources

Advice on SNAP Delays

Share a National Council on Aging article with advice for Elders whose Supplemental Nutrition Assistance Program (SNAP) benefits are delayed.

[Get the article >](#)

Support for LGBTQIA2S+ Elders

Learn about five strategies to help senior centers better address the needs of LGBTQIA2S+ Elders.

[Learn more >](#)

Do More, Feel Better

Read about Do More, Feel Better, an intervention to help Elders with depression participate in meaningful activities and stay socially engaged.

[Read more >](#)

Upcoming Events

Webinar on the 988 Lifeline

Join a National Council of Urban Indian Health webinar July 11, at 2 p.m. Eastern, on culturally relevant ways to promote the 988 Suicide & Crisis Lifeline.

[Register for the July 11 webinar >](#)

Webinar on Aging in Place

Attend a webinar July 25, at 1 p.m. Eastern, on practical solutions that enable Elders to age in place.

[Register for the July 25 webinar >](#)

Webinar on Brain Health

Join a webinar August 8, at 1 p.m. Eastern, on how addressing social isolation and loneliness can improve brain health.

[Register for the Aug. 8 webinar >](#)

The Coalition on Urban Indian Aging was created to promote the Native Urban Elder Needs Assessment Survey (NUENAS 1.0).

[Visit the Coalition on Urban Indian Aging website](#)

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