



## Update from the Coalition

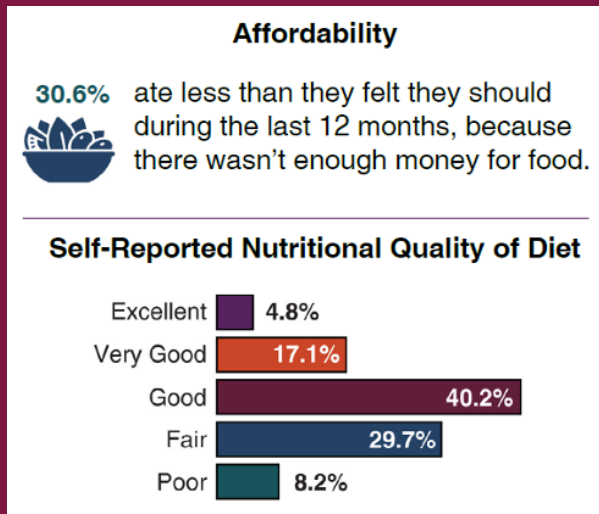
April is National Minority Health Month, an annual observance highlighting the need to address disparities that affect historically underrepresented communities.

Data from the [Native Urban Elder Needs Assessment Survey \(NUENAS 1.0\)](#) confirm that nutrition-related disparities continue to impact the health of urban American Indian and Alaska Native Elders, despite high rates of participation in nutrition programs.

When asked how often they participated in nutrition programs during the past month, 68% of survey respondents said 1–2 days, and 14% said 3–5 days.

Yet, nearly 31% of survey respondents said they ate less than they felt they should during the past year because there was not enough money for food. And 38% described the nutritional quality of their diet as fair or poor.

Clearly, more resources must be made available to address these disparities. Heartfelt thanks to all as you continue sharing relevant data from NUENAS 1.0 and advocating on behalf of Native urban Elders.



### Resources

#### Supporting Housing Stability

Read a case study (PDF, 105 KB, 2 pp) about how services such as no-cost housekeeping can support housing stability for Elders.

[Get the case study >](#)

#### Helping Elders Pay for Food

Visit the National Council on Aging website for an overview of nutrition assistance programs that can help Elders pay for food.

[Access the overview >](#)

#### Keeping Elders Connected

Read a Commit to Connect resource (PDF, 580 KB, 5 pp) for ideas of how to help Elders with dementia stay socially connected.

[Get the resource >](#)

### Upcoming Events

#### NCUIH Annual Conference

Plan to attend the National Council of Urban Indian Health (NCUIH) Annual Conference April 29–May 2, in Washington, DC.

[Register for the NCUIH event >](#)

#### Webinar on Food Security

Join a webinar May 1, at 1 p.m. Eastern, on strategies to improve food security and foster social connections for Elders.

[Register for the webinar >](#)

#### Age+Action Conference

Join the National Council on Aging for this year's Age+Action Conference, to be held May 6–8, in Arlington, Virginia.

[Register for Age+Action >](#)

The Coalition on Urban Indian Aging was created to promote the Native Urban Elder Needs Assessment Survey (NUENAS 1.0).

[Visit the Coalition on Urban Indian Aging website](#)

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