



AARP

State-of-State

March 24, 2023

Call-in Information

Join Zoom Meeting

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Meeting URL: <https://kauffmaninc.zoom.us/j/92886986768?pwd=U0M2NSsrRzdyYnQvWnZTNC9mT0NCQT09>

Meeting ID: 928 8698 6768

Passcode: 920436

Agenda Notes

- Welcome and introductions
 - Cheri Gay welcomed all participants to the meeting, and had everyone introduce themselves briefly
- Presentation by Dr. Collette Adamsen
 - Dr. Collette Adamsen shared a high-level overview of NUENAS (1.0) survey results
 - Six urban centers participated in distributing hardcopy surveys (so far), and they account for 290 participants
 - One additional urban site participated, but experienced challenges to this point so their results are pending receipt in the mail and analysis
 - Participants from this center number about 50
 - Online survey participants number 968 at present (bringing combined urban center and online participants to 1,258 prior to the receipt of additional hardcopy survey)
 - Participation varied widely by state, with Washington and California most represented and Utah and New Mexico the least
 - When the urban center data is included, the state dynamics change: California and Oregon become the most represented and Utah and Nebraska the least
 - Preliminary results



- Infographics with different age cutoffs are available—one included people age 45 and above, while another featured data from people age 55 and above
- Survey topics include: most frequently reported health conditions, with a callout of reported disability, participation in health screenings, most common exercise activities, tobacco use, primary caregiving for grandchildren, and more
- Among urban elders, 36% reported consuming traditional foods “regularly” (that is, at least once or twice weekly)
- Cultural participation among urban elders included the following most common activities:
 - Smudging
 - Powwows
 - Consuming cultural / traditional foods
- Nutritional health status was incorporated into the survey as well
 - Among participants, just over 32% reported eating less than they felt they should at some point in the last 12 months because of financial inaccessibility
 - Of elders surveyed, 26% said they relied on food stamps
- Data from this survey will be compared to Title VI data
 - The purpose will be to compare and contrast tribal and urban elder activities, needs (met and unmet), and more
- Ideas for results dissemination include:
 - An official report, data booklet, infographics, data use roadmap or toolkit for urban center directors and public health and aging professionals, presenting findings at national conferences (ex: NIHB)
 - Other suggestions?
- Post-Presentation Discussion and Q&A
 - Daphne Kwok asked why grandparents caregiving for their grandchildren at the national level appears to be low when compared to tribal data. Dr. Adamsen replied that multigenerational households and familial caregiving cultural expectations may be possible explanations. Michael Bird agreed with this response. He also noted affordable housing as a potential contributing factor insofar as it necessitates different generations living together.
 - In terms of results dissemination, Mr. Bird recommended presenting at an American Public Health Association conference or event.
 - Ms. Gay shared that Kauffman and Associates will be working to assist with creating materials such as brochures that may be distributed to organizations and taken to events.
 - Aisha Bonner Cozad stated that she would like to organize an AARP event to assist with disseminating survey results as well as recognizing partners who made the project possible, even through pandemic. She also suggested some organizations to approach for results dissemination, such as ASA.
 - Ms. Bonner Cozad noted that she and Dr. Adamsen have been discussing adding a qualitative, storytelling component to the quantitative research already gathered.
 - Ms. Gay concurred with Ms. Bonner Cozad’s comments on the importance of storytelling and suggested storyboards could be helpful visual media iterations of that.



- Previously discussed options for results dissemination include a hybrid October event and a Collaboration with the Coalition on Urban Indian Aging.

Closing Comments

- Dr. Adamsen shared that the word datum means “something given,” and the importance of carrying research forward in that spirit, be it qualitative or quantitative.

Next steps

- TBD